

Blake house salad

Vicki Blake
6/09

$\frac{1}{2}$ c crumbled blue cheese (at least!)
3 tblsp good balsamic vinegar
1 tsp fresh oregano
 $\frac{1}{8}$ tsp cayenne
 $\frac{1}{4}$ c olive oil
S&P

olive oil
1 large red onion sliced
2 tsp sugar

Bibb lettuce (or mix w/boston)
tomatoes - chopped

mix first 6 ingredients for dressing

heat oil, sauté onions 'til brown (20 min)
add sugar and sauté 'til caramelized (10 min)
cool

wash/dry lettuce, add chopped tomatoes, caramelized onions and toss
w/dressing